

**AUTISM**  
**DADVOCATE**

I'M FRIENDS WITH  
**AUTISM**  
5K RUN / WALK

# COMMIT TO BE FIT

Autism DADvocates Network's Journey To One  
10 Week Fitness Meetup  
Every Saturday Morning at Various JAX Parks  
December 9, 2017 - February 14, 2018 10:00 a.m. - 11:15 a.m.  
Sign up at [www.bit.ly/fwa5kwalk](http://www.bit.ly/fwa5kwalk)